

Table 5B. Percent Net Domestic Migration for Regions and States in the United States: April 1, 2010 to July 1, 2020

Area	Net Domestic Migration Cumulative 4/1/2010 - 7/1/2020 sort			April 1, 2010 to July 1, 2010 Net Domestic Migration; and July 1, 2010 to July 1, 2020 Annual Net Domestic Migration										
	4/1/2010 - 7/1/2020	Percent of Population Loss	Cumulative Percent of Loss	4/1/2010 - 7/1/2010	7/1/2010 - 7/1/2011	7/1/2011 - 7/1/2012	7/1/2012 - 7/1/2013	7/1/2013 - 7/1/2014	7/1/2014 - 7/1/2015	7/1/2015 - 7/1/2016	7/1/2016 - 7/1/2017	7/1/2017 - 7/1/2018	7/1/2018 - 7/1/2019	7/1/2019 - 7/1/2020
	States with Population Loss	-6,724,590	100.00%		-85,354	-375,608	-464,501	-443,330	-607,689	-769,691	-841,143	-743,179	-732,203	-790,054
Northeast	-2,834,236	58.85%		-32,967	-155,177	-207,339	-217,649	-273,783	-340,428	-373,819	-317,167	-295,991	-304,750	-315,166
Midwest	-1,876,992	11.21%		-50,899	-179,384	-183,963	-125,141	-183,942	-234,593	-227,495	-162,566	-154,266	-167,058	-207,685
New York	-1,585,770	23.58%	23.58%	-22,653	-80,685	-108,325	-112,510	-145,557	-166,054	-194,135	-188,058	-180,043	-183,857	-203,893
California	-1,162,930	17.29%	40.88%	-19,639	-50,732	-41,300	-53,388	-46,407	-80,121	-122,220	-138,211	-160,192	-208,407	-242,313
Illinois	-978,498	14.55%	55.43%	-13,373	-64,513	-70,921	-68,005	-94,884	-107,883	-113,193	-114,690	-113,775	-104,056	-113,205
New Jersey	-536,306	7.98%	63.40%	-8,801	-41,037	-46,113	-47,617	-53,549	-69,052	-67,560	-57,192	-50,643	-48,119	-46,623
Michigan	-296,910	4.42%	67.82%	-18,665	-40,909	-32,995	-28,223	-28,543	-36,375	-27,108	-13,174	-15,834	-23,878	-31,206
Pennsylvania	-283,487	4.22%	72.03%	-1,692	-7,549	-19,202	-29,896	-36,701	-43,643	-50,371	-27,494	-20,340	-25,745	-20,854
Ohio	-241,020	3.58%	75.62%	-8,704	-36,486	-39,051	-20,077	-21,319	-30,228	-28,200	-8,612	-11,486	-13,711	-23,146
Connecticut	-219,328	3.26%	78.88%	139	-12,030	-17,369	-17,041	-25,155	-29,948	-29,233	-23,749	-23,606	-22,042	-19,294
Massachusetts	-190,343	2.83%	81.71%	3,545	-5,601	-7,714	-3,074	-10,847	-22,139	-30,252	-24,724	-27,035	-30,338	-32,164
Maryland	-185,994	2.77%	84.47%	851	520	-6,488	-11,004	-16,296	-26,121	-29,699	-24,085	-24,238	-23,055	-26,379
Louisiana	-125,586	1.87%	86.34%	4,082	2,715	-601	-1,622	-5,808	-5,845	-13,134	-28,265	-27,183	-24,591	-25,334
Kansas	-118,086	1.76%	88.10%	209	-8,667	-4,628	-11,912	-13,108	-12,934	-18,179	-14,784	-11,194	-13,226	-9,663
Mississippi	-93,977	1.40%	89.50%	-1,078	-4,567	-7,529	-4,732	-9,020	-12,284	-7,555	-7,975	-14,595	-10,437	-14,205
Hawaii	-84,226	1.25%	90.75%	-357	-906	-3,057	-763	-5,708	-6,829	-11,424	-14,416	-12,928	-14,463	-13,375
Virginia	-80,255	1.19%	91.94%	5,544	12,941	4,483	3,111	-16,114	-25,347	-25,020	-12,510	-9,321	-8,892	-9,130
Wisconsin	-76,587	1.14%	93.08%	-3,448	-8,323	-10,533	-7,471	-10,005	-15,148	-11,257	-3,512	-653	-1,182	-5,055
Alaska	-66,705	0.99%	94.07%	1,163	-888	-1,324	-3,502	-9,585	-8,197	-5,194	-10,765	-11,078	-9,355	-7,980
Missouri	-64,393	0.96%	95.03%	-510	-14,274	-11,778	-6,395	-9,013	-8,339	-5,798	-1,007	-2,096	-3,916	-1,267
New Mexico	-61,803	0.92%	95.95%	2,051	499	-7,260	-10,597	-13,805	-12,434	-7,157	-7,582	-5,068	-1,671	1,221
West Virginia	-47,401	0.70%	96.65%	1,317	1,665	662	-2,158	-4,298	-5,989	-9,056	-10,139	-7,734	-6,929	-4,742
Indiana	-47,210	0.70%	97.36%	-3,053	-8,217	-13,573	73	-7,683	-13,954	-8,704	-1,882	4,297	4,163	1,323
Rhode Island	-41,528	0.62%	97.97%	-1,171	-6,005	-5,087	-4,474	-3,574	-5,027	-4,436	-4,048	-2,522	-2,950	-2,234
Minnesota	-37,326	0.56%	98.53%	-4,048	-4,868	-9,125	-1,363	-6,742	-11,877	-2,458	7,542	6,291	-921	-9,757
Iowa	-37,249	0.55%	99.08%	-555	-127	-4,637	196	-869	-3,653	-5,564	-3,850	-4,825	-5,566	-7,799
Nebraska	-26,048	0.39%	99.47%	-251	-1,009	-1,009	-879	-1,672	-2,277	-1,958	-3,634	-3,593	-4,643	-5,123
Kentucky	-12,162	0.18%	99.65%	4,189	4,019	-3,545	-1,824	-7,146	-5,233	-5,453	2,864	1,025	-750	-308
Vermont	-11,798	0.18%	99.83%	-217	-594	-1,754	-536	-1,721	-2,162	-2,216	-855	-285	-996	-462
Wyoming	-11,664	0.17%	100.00%	-229	20	5,272	2,353	-2,560	-598	-4,609	-8,372	-3,549	-521	1,129

SOURCE: U. S. Bureau of the Census, Population Division, May 2021
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Population estimates are based on 2010 Census of Population counts and reflect Count Question Resolution Program and Geographic Program revisions.
For a list of states in each region see Geographic Terms and Definitions at <http://www.census.gov/popest/about/geo/terms.html>