

Table 5B. Percent Net Domestic Migration for the United States, Regions and States: April 1, 2010 to July 1, 2019

Area	Net Domestic Migration Cumulative 4/1/2010 - 7/1/2019 sort			April 1, 2010 to July 1, 2010 Net Domestic Migration; and July 1, 2010 to July 1, 2019 Annual Net Domestic Migration									
	4/1/2010 - 7/1/2019	Percent of United States	Cumulative Percent of United States	4/1/2010 - 7/1/2010	7/1/2010 - 7/1/2011	7/1/2011 - 7/1/2012	7/1/2012 - 7/1/2013	7/1/2013 - 7/1/2014	7/1/2014 - 7/1/2015	7/1/2015 - 7/1/2016	7/1/2016 - 7/1/2017	7/1/2017 - 7/1/2018	7/1/2018 - 7/1/2019
States with Loses	-5,838,742	100.00%		-85,762	-376,115	-464,672	-443,918	-608,552	-768,780	-839,871	-741,686	-734,666	-774,720
Northeast Region	-2,511,082	43.01%		-32,807	-154,970	-207,154	-217,700	-275,141	-340,104	-373,661	-316,475	-298,739	-294,331
Midwest Region	-1,666,043	28.53%		-50,673	-179,592	-184,359	-124,956	-183,669	-234,550	-227,445	-162,183	-157,067	-161,549
New York	-1,379,210	23.62%	23.62%	-22,616	-80,582	-108,406	-112,483	-145,432	-165,857	-194,013	-187,910	-181,262	-180,649
California	-912,038	15.62%	39.24%	-20,356	-51,326	-41,795	-53,692	-46,321	-79,938	-122,369	-137,546	-155,281	-203,414
Illinois	-865,873	14.83%	54.07%	-13,329	-64,482	-70,886	-67,989	-94,721	-107,924	-113,179	-114,678	-113,699	-104,986
New Jersey	-491,174	8.41%	62.48%	-8,741	-41,078	-46,100	-47,391	-55,253	-68,366	-67,547	-56,601	-51,151	-48,946
Michigan	-266,084	4.56%	67.04%	-18,629	-32,963	-28,210	-28,444	-36,387	-27,092	-13,172	-16,639	-23,670	-23,670
Pennsylvania	-256,728	4.40%	71.44%	-1,674	-7,522	-18,975	-30,128	-36,614	-43,668	-50,422	-27,406	-20,731	-19,588
Ohio	-217,531	3.73%	75.16%	-8,632	-36,491	-39,094	-20,099	-21,352	-30,255	-28,077	-8,334	-12,281	-12,916
Connecticut	-200,291	3.43%	78.59%	152	-12,024	-17,361	-17,031	-25,086	-29,963	-29,219	-23,724	-23,976	-22,059
Maryland	-159,993	2.74%	81.33%	851	519	-6,440	-11,012	-16,479	-25,651	-29,709	-24,054	-24,353	-23,665
Massachusetts	-158,778	2.72%	84.05%	3,563	-5,472	-7,745	-3,094	-10,782	-22,573	-30,169	-25,009	-27,223	-30,274
Kansas	-107,795	1.85%	85.90%	219	-8,652	-4,625	-11,900	-13,065	-12,926	-18,161	-14,764	-11,564	-12,357
Louisiana	-102,203	1.75%	87.65%	4,107	2,728	-591	-1,614	-5,764	-5,865	-13,144	-28,239	-27,776	-26,045
Mississippi	-80,197	1.37%	89.02%	-1,068	-4,551	-7,558	-4,719	-8,968	-12,296	-8,032	-7,490	-14,775	-10,740
Wisconsin	-72,006	1.23%	90.26%	-3,437	-8,377	-10,462	-7,458	-10,025	-15,083	-11,395	-3,460	-871	-1,438
Virginia	-71,103	1.22%	91.48%	5,551	13,026	4,466	3,113	-15,987	-25,367	-24,979	-12,473	-9,317	-9,136
Hawaii	-70,222	1.20%	92.68%	-348	-889	-3,061	-764	-5,709	-6,817	-11,455	-14,452	-12,910	-13,817
New Mexico	-63,522	1.09%	93.77%	2,069	493	-7,247	-10,583	-13,779	-12,431	-7,165	-7,499	-5,244	-2,136
Missouri	-60,466	1.04%	94.80%	-502	-14,354	-11,827	-6,349	-8,993	-8,347	-5,789	-898	-2,697	-710
Alaska	-58,591	1.00%	95.80%	1,168	-892	-1,319	-3,564	-9,641	-8,166	-5,185	-10,753	-10,757	-9,482
Indiana	-48,857	0.84%	96.64%	-3,040	-8,203	-13,567	81	-7,644	-13,950	-8,698	-1,877	4,044	3,997
West Virginia	-43,024	0.74%	97.38%	1,323	1,670	656	-2,157	-4,288	-5,981	-9,053	-10,134	-7,987	-7,073
Rhode Island	-39,790	0.68%	98.06%	-1,168	-6,018	-5,043	-4,539	-3,539	-5,129	-4,458	-3,912	-2,769	-3,215
Iowa	-29,125	0.50%	98.56%	-545	-179	-4,577	194	-948	-3,642	-5,556	-3,962	-4,899	-5,011
Minnesota	-26,253	0.45%	99.01%	-4,035	-4,853	-9,113	-1,373	-6,701	-11,865	-2,475	7,531	6,566	65
Nebraska	-20,197	0.35%	99.35%	-247	-1,013	-993	-878	-1,653	-2,297	-1,963	-3,599	-3,334	-4,220
Wyoming	-13,514	0.23%	99.59%	-227	27	5,274	2,349	-2,543	-599	-4,603	-8,353	-3,827	-1,012
Kentucky	-13,270	0.23%	99.81%	4,041	3,852	-3,564	-2,091	-7,102	-5,275	-3,752	1,936	226	-1,541
Vermont	-10,907	0.19%	100.00%	-212	-594	-1,756	-537	-1,719	-2,162	-2,212	-854	-179	-682

SOURCE: U. S. Bureau of the Census, Population Division, December 2019
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Population estimates are based on 2010 Census of Population counts and reflect Count Question Resolution Program and Geographic Program revisions.
For a list of states in each region see Geographic Terms and Definitions at <http://www.census.gov/popest/about/geo/terms.html>