

Table 4. Net Domestic Migration for the United States, Regions and States: April 1, 2010 to July 1, 2019

Area	Net Domestic Migration		April 1, 2010 to July 1, 2010 Net Domestic Migration; and July 1, 2010 to July 1, 2019 Annual Net Domestic Migration									
	4/1/2010 - 7/1/2019	Rank	4/1/2010 - 7/1/2010	7/1/2010 - 7/1/2011	7/1/2011 - 7/1/2012	7/1/2012 - 7/1/2013	7/1/2013 - 7/1/2014	7/1/2014 - 7/1/2015	7/1/2015 - 7/1/2016	7/1/2016 - 7/1/2017	7/1/2017 - 7/1/2018	7/1/2018 - 7/1/2019
United States	-	-	-	-	-	-	-	-	-	-	-	-
Northeast Region	-2,511,082		-32,807	-154,970	-207,154	-217,700	-275,141	-340,104	-373,661	-316,475	-298,739	-294,331
Midwest Region	-1,666,043		-50,673	-179,592	-184,359	-124,956	-183,669	-234,550	-227,445	-162,183	-157,067	-161,549
South Region	3,440,482		91,267	312,610	344,278	300,008	374,593	453,543	441,519	366,143	348,608	407,913
West Region	736,643		-7,787	21,952	47,235	42,648	84,217	121,111	159,587	112,515	107,198	47,967
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Alabama	13,838	20	1,244	-1,893	-114	2,297	-959	-1,544	-2,157	2,298	5,279	9,387
Alaska	-58,591	33	1,168	-892	-1,319	-3,564	-9,641	-8,166	-5,185	-10,753	-10,757	-9,482
Arizona	453,723	4	3,122	11,062	29,844	24,050	39,948	45,561	62,320	62,686	84,113	91,017
Arkansas	11,404	22	2,469	5,996	-1,293	-2,150	-3,371	-106	1,069	3,981	2,294	2,515
California	-912,038	50	-20,356	-51,326	-41,795	-53,692	-46,321	-79,938	-122,369	-137,546	-155,281	-203,414
Colorado	351,863	6	6,111	27,250	27,722	35,709	38,947	56,554	49,084	36,612	42,539	31,335
Connecticut	-200,291	44	152	-12,024	-17,361	-17,031	-25,086	-29,963	-29,219	-23,724	-23,976	-22,059
Delaware	39,538	15	281	2,854	3,202	3,298	4,230	4,052	3,379	4,430	6,851	6,961
District of Columbia	27,260	18	1,473	7,537	6,711	6,051	1,778	3,201	2,057	973	-318	-2,203
Florida	1,289,614	1	10,296	68,593	103,746	111,585	147,547	197,401	216,749	164,257	135,530	133,910
Georgia	252,948	9	3,012	17,214	15,023	-5,840	23,027	32,629	38,428	39,794	39,981	49,680
Hawaii	-70,222	36	-348	-889	-3,061	-764	-5,709	-6,817	-11,455	-14,452	-12,910	-13,817
Idaho	113,148	12	-378	528	-718	3,543	8,482	6,763	18,541	25,007	24,020	27,360
Illinois	-865,873	49	-13,329	-64,482	-70,886	-67,989	-94,721	-107,924	-113,179	-114,678	-113,699	-104,986
Indiana	-48,857	32	-3,040	-8,203	-13,567	81	-7,644	-13,950	-8,698	-1,877	4,044	3,997
Iowa	-29,125	29	-545	-179	-4,577	194	-948	-3,642	-5,556	-3,962	-4,899	-5,011
Kansas	-107,795	41	219	-8,652	-4,625	-11,900	-13,065	-12,926	-18,161	-14,764	-11,564	-12,357
Kentucky	-13,270	25	4,041	3,852	-3,564	-2,091	-7,102	-5,275	-3,752	1,936	226	-1,541
Louisiana	-102,203	40	4,107	2,728	-591	-1,614	-5,764	-5,865	-13,144	-28,239	-27,776	-26,045
Maine	15,956	19	-1,309	-3	-872	-783	320	-1,253	2,660	4,815	5,768	6,613
Maryland	-159,993	43	851	519	-6,440	-11,012	-16,479	-25,651	-29,709	-24,054	-24,353	-23,665
Massachusetts	-158,778	42	3,563	-5,472	-7,745	-3,094	-10,782	-22,573	-30,169	-25,009	-27,223	-30,274
Michigan	-266,084	47	-18,629	-40,878	-32,963	-28,210	-28,444	-36,387	-27,092	-13,172	-16,639	-23,670
Minnesota	-26,253	38	-4,035	-4,853	-9,113	-1,373	-6,701	-11,865	-2,475	7,531	6,566	65
Mississippi	-80,197	29	-1,068	-4,551	-7,558	-4,719	-8,968	-12,296	-8,032	-7,490	-14,775	-10,740
Missouri	-60,466	34	-502	-14,354	-11,827	-6,349	-8,993	-8,347	-5,789	-898	-2,697	-710
Montana	49,358	14	3,062	3,297	3,019	5,318	4,629	5,074	6,996	8,699	5,996	6,024
Nebraska	-20,197	27	-247	-1,013	-993	-878	-1,653	-2,297	-1,963	-3,599	-3,334	-4,220
Nevada	234,563	10	-3,055	-6,054	13,402	13,900	23,725	29,035	34,931	37,822	47,650	43,207
New Hampshire	9,840	23	802	-1,677	-896	-1,714	2,964	-1,133	1,719	4,126	2,784	4,469
New Jersey	-491,174	48	-8,741	-41,078	-46,100	-47,391	-55,253	-68,366	-67,547	-56,601	-51,151	-48,946
New Mexico	-63,522	35	2,069	493	-7,247	-10,583	-13,779	-12,431	-7,165	-7,499	-5,244	-2,136
New York	-1,379,210	51	-22,616	-80,582	-108,406	-112,483	-145,432	-165,857	-194,013	-187,910	-181,262	-180,649
North Carolina	475,508	3	20,699	32,249	29,492	39,022	34,379	44,759	70,958	64,697	71,915	67,338
North Dakota	34,664	16	817	6,216	10,456	15,237	9,492	9,354	-6,302	-6,981	-2,358	-1,267
Ohio	-217,531	45	-8,632	-36,491	-39,094	-20,099	-21,352	-30,255	-28,077	-8,334	-12,281	-12,916
Oklahoma	27,964	17	1,560	7,030	8,447	13,841	4,217	8,317	-4,358	-10,504	-4,408	3,822
Oregon	233,498	11	995	11,426	10,910	8,768	22,278	36,867	51,117	37,653	27,663	25,821
Pennsylvania	-256,728	46	-1,674	-7,522	-18,975	-30,128	-36,614	-43,668	-50,422	-27,406	-20,731	-19,588
Rhode Island	-39,790	30	-1,168	-6,018	-5,043	-4,539	-3,539	-5,129	-4,458	-3,912	-2,769	-3,215
South Carolina	367,227	5	4,483	18,146	23,594	29,289	39,825	49,065	50,199	49,262	50,330	53,034
South Dakota	13,480	21	687	1,674	3,292	3,788	385	-1,228	1,242	2,011	665	964
Tennessee	259,342	8	2,848	16,968	26,761	13,438	22,248	24,156	32,954	42,619	41,341	36,009
Texas	1,145,629	2	28,097	120,672	141,740	107,657	160,260	172,048	120,910	84,790	83,795	125,660
Utah	82,126	13	488	-387	-777	5,596	-255	7,609	19,852	18,329	16,083	15,588
Vermont	-10,907	24	-212	-594	-1,756	-537	-1,719	-2,162	-2,212	-854	-179	-682
Virginia	-71,103	37	5,551	13,026	4,466	3,113	-15,987	-25,367	-24,979	-12,473	-9,317	-9,136
Washington	336,251	7	2,318	27,417	11,981	12,018	24,456	41,599	67,523	64,310	47,153	37,476
West Virginia	-43,024	31	1,323	1,670	656	-2,157	-4,288	-5,981	-9,053	-10,134	-7,987	-7,073
Wisconsin	-72,006	38	-3,437	-8,377	-10,462	-7,458	-10,025	-15,083	-11,395	-3,460	-871	-1,438
Wyoming	-13,514	26	-227	27	5,274	2,349	-2,543	-599	-4,603	-8,353	-3,827	-1,012

SOURCE: U. S. Bureau of the Census, Population Division, December 2019
 Prepared by Maryland Department of Planning, Projections and State Data Center, 2019

Population estimates are based on 2010 Census of Population counts and reflect Count Question Resolution Program and Geographic Program revisions.
 For a list of states in each region see Geographic Terms and Definitions at <http://www.census.gov/popest/about/geo/terms.html>